

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journal writing lines consisting of 15 horizontal dotted lines.



Day 1

After watching, write one thing that:

Watch this week's episode of The So & So Show by going to: <https://bit.ly/PreteenSundaysatHome>

Even if you already saw it at church, feel free to check it out again!

- 1. You liked:
- 2. You learned:
- 3. You'd like to know:

Day 2

Read John 12:9-16; John 13:1-17

As you read through the two separate passages, draw a crown every time you see a word or passage that could refer to Jesus as a king,

Next, every time you read about Jesus doing something that a king wouldn't really do, draw a crown with an X through it.

Jesus is the King, but instead of demanding He be treated like a king, Jesus put others first. He showed us what true humility looks like!

Day 3

Jesus came to earth to be our King and Savior, but He also came to show us how to live out God's love.

Jesus gives us the truest, most perfect example of humility. Take a couple of minutes to ask God for help following in the way of Jesus.

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"Dear God, thank You for sending Jesus to die on the cross for us and be our Savior. Thank You for His example of true humility, too, in humbling Himself to come to earth as a baby, live like we do, serve others, and then give up His life for us. I want to follow Jesus and put others first, but I need Your help. Please help me to remember the example that Jesus gave us and put others before myself. In Jesus' Name, I pray. Amen."

## Day 4

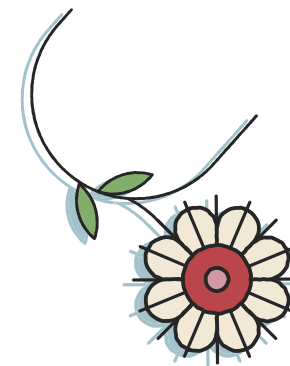
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Sometimes we don't even realize people have put us first because they do it behind-the-scenes.

Maybe it's your dad who wakes up early to make the family a hot breakfast before school and work, or your neighbor who sometimes mows your family's yard. The next time your family is all together—whether at a meal, at bedtime, or in the car, ask everyone this question:

**When has someone put you first?**

If you realize there is someone who has been putting you first that you've never thanked, take some time to do that today!



## Day 5

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Get a sheet of paper (bonus points if you have green construction paper) and draw a large palm frond.

If you're using white paper, color the frond green. Then cut it out.

Next, take off your shoe and sock and trace your own foot. Cut out your footprint. Inside the foot tracing, write the words of Philippians 2:3. "Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves."

Find a place to hang the palm frond and the foot tracing to remind you that you're the child of the King, but also how that King washed the feet of others. Jesus put others first, and you can too.

