## Friendship is using your words and actions to show others you care.

Read: Philippians 2:4

## Cheer Them On!

With a friend or family member, create an obstacle course or an exercise game. Work together to finish what you have created. Find ways to help each other and cheer each other on! Stand with your friend by letting them know how great they are.

KNOW that we can stand up for and with others when they need our help.

## You Can Do It Too!

Have you ever seen a friend stand up for someone else? Read the scenarios below and talk through what you would do to stand up for a friend:

- A friend asked quietly for a turn and keeps getting ignored. What can you do?
$\Rightarrow$ No one is giving a new classmate a chance to play with them at recess. What can you do?

ASK God to help you stand up for others.


Friends stand up for one another.
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