

Gratitude is letting others know you see how they've helped you.

Read: 1 Thessalonians 5:16-18

DAY
1



Thankfulness for All to Hear

Play a game of telephone with your family. Share something that you are thankful for so that everyone can hear. Take turns going first.

KNOW that when others hear why you're thankful, it can make them happy.

DAY
2

Shout It Out

Find a parent and take turns giving "shout outs" to each other. Start by whispering what you are thankful for about the other person. Get louder each time until you are shouting out why you are grateful for them!

ASK God to help you show gratitude.



DAY
3

Always Thankful

With the help of a parent, look up this week's verses, 1 Thessalonians 5:16-18. Have them read the verses out loud. After each phrase, repeat what they say.

THINK about why you can be joyful!



DAY
4

Thank You, God!

Let's talk to God about all that we are thankful for! Pray something like this:

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"Dear God, Thank you for all the good you have done in my life. I pray that I can always work on being grateful for what I have. Thank you for your son, Jesus, and all that He does in my life. I love you. Amen."  
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LOOK for the things around you that you can be thankful for.



You always have
something to be
grateful for.

YOU
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SOME-
THING
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GRATEFUL
for.