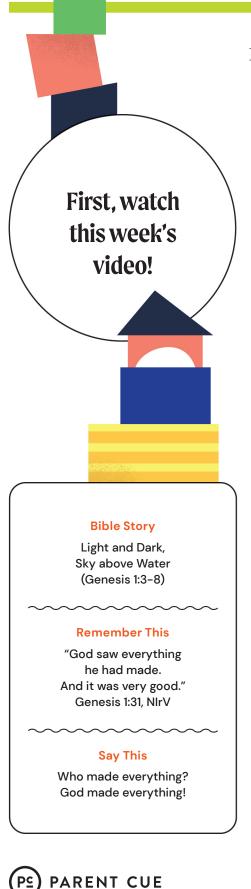
Stack It Up



Have fun learning and playing with your preschooler!

Activity

Light and Dark Freeze Dance

What You Need:

Music and music player

What You Do:

Find a space in your home with room to move around and invite your child to play a game with you.

Say, "In our story today, we learned that in the beginning, the world was dark. (*Turn off the room light.*) But then, God created light! (*Turn on the room light.*)

"I'm going to play some music for us to dance to! But we can only dance when the lights are turned on. When the lights are turned off, we have to freeze right where we are!"

"Ready? (*Play music.*) And dance! (*Turn lights off.*) Freeze! (*Turn lights on.*) Dance!" (*Repeat as desired.*)

When you are finished say, "On day one, God created light! Which is so cool! Then on day two, God made something else! God made a place for the deep, cool water below and created the wide, blue sky above the whole world! God made EVERYTHING! Who made everything? God made everything."

Prayer

"Dear God, You are so powerful and amazing. You made $\ensuremath{\mathsf{EVERYTHING!}}$ Thank You. Amen."