

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journaling lines for the 'WHAT ARE YOU GOOD AT?' prompt.



Day 1

After watching, write one thing that:

Watch this week's episode of The So & So Show by going to: <https://bit.ly/PreteenSundaysatHome>

Even if you already saw it at church, feel free to check it out again!

- 1. You liked:
2. You learned:
3. You'd like to know:

Day 2

Read Ephesians 2:10

Circle the sentence that describes the purpose God has for you.

Now, underline who made it possible for you to do those good works.

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God created you for a purpose, and God also made you to belong to Jesus. It's Jesus who gives us this purpose, and the power to live out our God-given purpose. Jesus is God's gift to us—the gift of salvation. We can never be good enough or do enough good things to earn that purpose, to earn our salvation. But, doing good things can be an outflow of our love for God and God's work in our hearts.

## Day 3

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### God created you for a purpose.

Some people know early on in life what God created for them to do. But honestly, for most people, this takes some time to figure out. And often, God has more than one purpose for your life. So how do you know what your purpose is?

The more you follow after God, the more you will know what purpose God created you for. Spend time reading God's Word, talking to God, talking to others about God, and showing God's love to others. . . you will likely find your God-given purpose along the way! Pray the following prayer out loud to ask God to help you figure out your purpose.

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Dear God, thank You for creating me and for creating me with a purpose! Please guide me as I work to live out the purpose You have for me. Please send people into my life who can help me figure out my purpose, and help me to follow through and live that out. In Jesus' Name, I pray. **Amen.**

Day 4

Get a sheet of paper and a pen or pencil, and write this question at the top of it:

What do you think I'm good at?

Throughout your day today, ask everyone you know (family, friends, teachers, coaches, etc.) this question and record their answer.

If they wonder why you are asking, explain that you're trying to figure out the purpose for your life.

Keep the list for tomorrow.

Day 5

Take a look at the list that you compiled yesterday after talking with people who know you well.

Put a check by the ones that are similar or repeat.

Circle the ones you think might have something to do with God's purpose for your life.

Underline the ones you might use to show God's love to others.

Are there any that you underlined, circled, AND put a check mark by? Pay attention to those!

Get a sheet of paper and write "God created me for a purpose. That purpose may be _____."

In the blank, write down what you think might be God's purpose for you. Write the date on it. Place the paper in a safe place—like a drawer or taped to the back of your door. Revisit this sheet of paper every so often and see how God is developing this purpose in your life.

