# Faith is trusting in what you can't see because of what you can see.

DAY 1

## Read Philippians 4:13

Have you ever read the Guinness Book of World Records?

When we read today's verse, we might think "Awesome! With Jesus' help, I can break a world record, run faster, lift more stuff, or leap over tall buildings."

But that's not what Paul is saying here.

Read Philippians 4:10 -13. Paul is saying, "Hey, I know what's it like to have plenty and to go hungry. I've learned to be content no matter what. And I can do this because Christ gives me strength!"

Paul reminds us that when we trust God, we can be content whatever is happening! Even when we feel stuck in the middle of a hard situation, God has a plan and it's good. We can say, "I can make it through this hard thing because Christ will strengthen me." And that promise is way better than any world record.

DAY 2

# Read Ephesians 2:8

What's the best gift you've ever given to someone else? Draw it below:

How did it feel to watch the person open this gift?

God wants to give everyone the best gift ever. God gave us Jesus to make a way for everyone to be part of God's family forever! Jesus came to earth and gave His life for us. We don't have to try to be good enough, or smart enough, or loving enough. This is a gift we cannot earn. It's about what Jesus has done.



## Read Proverbs 3:5-6

When we put our faith in God, we choose to trust God to lead us in the right direction. God can make our paths smooth and straight. But following means just that, we can't jump ahead of God or reverse directions and go our own way. We have to stay behind, looking to God to lead us each step of the way.

#### **Smooth and Straight**

Grab some index cards and write out the words of Proverbs 3:5-6, two or three words to a card. Place the cards on the floor, spreading them out in order so that you have to jump to get from one card to the next as you repeat the verse. Once you've finished, line up the cards in a straight path and repeat the verse again.



## Read Luke 1:37

When things go wrong, what can you always count on? Your fingers!

Okay, maybe that wasn't all that funny. And also, not completely true. In real life, when something bad or scary or frustrating happens, there is Someone you can always count on. You can always put your trust in God!

#### **5 Finger Prayer**

Let's use our fingers to help us remember this. Point to each finger as you pray today.

Thumb - Thank God for what you have today.

2nd finger - Praise God for being awesome.

3rd finger - Say you're sorry for what you've done wrong.

4th finger - Pray for others.

5th finger - Pray for yourself.

God is with you even when you feel stuck.